



## Christ Church C.E. Primary School PSHE Policy

**This policy is intended to ensure consistency across the school in terms of Personal, Social and Health Education (PSHE) teaching and learning.**

### **PSHE should enhance learning through:**

- giving pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives.
- promoting pupils' spiritual, moral, social and cultural development and preparing all pupils for the opportunities, responsibilities and experiences of life.

The personal development of pupils: spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve.

### **Agreed Procedure**

PSHE is already embedded in the Foundation Stage, KS1 and KS2 curriculum. Our policy is implemented through these approaches to PSHE:

- Whole school – such as worship times, assemblies, Open the Book team visits, being part of the worshipping community at Christ Church, Golden Rules, whole school responsibility for fun, active and safe playtimes, Peer Mediators encouraging resolution of low level disagreements between children and active discussion of feelings as part of our Values curriculum.
- Cross curricular studies and extra-curricular activities – such as Forest School which has at its core, opportunities to build self-esteem and confidence as the children carry out small achievable tasks. Forest School is available weekly in Red class. Each class also aims to go on one educational visit per term to enrich the curriculum and provide opportunities for learning and social and cultural development that are not available inside the classroom.
- Links with the wider community – such as visits from the School Nurse, Dog Warden, Community Police Officers etc. providing information, knowledge and skills which equip and prepare children. Information and knowledge will be shared with parents wherever possible.
- As a discrete subject across the school in accordance with National Curriculum guidelines. Staff have contextualized the curriculum to address specific issues which have been identified by the Shropshire Child Health Profile and raised by School Councils but much of this emphasizes making good relationships, appreciating different cultures and how to be a good friend. Discrete topics such as health matters, sex and relationship education, internet safety and drug education are taught age appropriately.
- Participation by young people in one of four School Councils: Happiness and Well-being, Worship, Active Kids and Pupil Voice which all contribute to PSHE learning.
- Regular circle time sessions where the children sit in a circle to talk & discuss issues in an inclusive & informal atmosphere.

### **Is this working?**

- Are our children able to articulate their own sense of confidence and self worth? This may be assessed through learning interviews or informally.
- Are our children capable of forming good friendships and relationships with their peers and adults in school? This should be seen in the good behaviour and team work exhibited by pupils both in lesson times and on the playground.
- Do our children have sufficient knowledge to prepare them for the challenges of life? Do they know how to stay safe on computers, or when out and about? Do they know how to eat healthily and look after their bodies? This may be assessed through observation and self-assessment after teaching and learning opportunities.